

## **Laurel OB-GYN**

### **Instructions after your Hysteroscopy procedure, with or without Endometrial Ablation**

#### **When you are home:**

- If you are experiencing cramping and backache, follow your doctor's instructions regarding pain medication.
- You may feel faint or nauseous. Follow your doctor's recommendations regarding activity during the first 24 hours following the procedure.
- Spotting or light bleeding is normal. If bleeding becomes heavy, or you become concerned, please contact your doctor.
- Fluid-like discharge is normal and can last for several weeks.
- Please wait to have sexual intercourse for 2 weeks after your procedure.