

Laurel OB-GYN

After your LEEP PROCEDURE (LOOP ELECTROSURGICAL EXCISION PROCEDURE)

After your LEEP:

- You may experience slight cramping for the next 24-48 hours. You may take Ibuprofen, Tylenol or use a heating pad to help with cramps.
- You may also have slight bleeding.
- If you had biopsies done, please know we use a Iron paste to stop any bleeding. You may experience a mustard/coffee ground like discharge, this may come out in small pieces or a large clump. This is not tissue. You may notice this for about a week.

Please avoid the following:

- Do not exercise for 24 hours after the procedure.
- Do not have intercourse for 4 weeks.
- Do not use tampons for 4 weeks. Only use pads.
- For the first 2-4 weeks do not take a tub bath or use a hot tub. Shower only.

Please call if you develop any of the following

- Temperature greater than 101.
- Any heavy bleeding (one pad per hour or more).
- Any abdominal pain is worse than cramping.
- If you have any questions
- **828-253-5381**

We should have these results back with-in two weeks. We will call you as soon as your physician reviews them.