

Laurel Ob/Gyn
Post Office Manual Vacuum Aspiration (MVA) Instructions

- 1) Please take your dose of Doxycycline 100mg antibiotic with dinner the day of your procedure.
- 2) You may experience cramping, this is normal. Please take 800mg of ibuprofen every 8 hours as needed for cramping. You may also take tylenol 1000mg every 8 hours with the ibuprofen if needed.
- 3) Please call the office or on call provider for any severe pain not controlled with oral medications
- 4) You may have light bleeding/spotting for 2-4 weeks following a miscarriage. Please call if you continue to have bleeding heavier than a period, especially if you are soaking more than a pad an hour or passing any large clots larger than a golf ball.
- 5) We recommend pelvic rest for 2 weeks (no intercourse, no tampons, nothing in the vagina for 2 weeks).
- 6) Please notify the office or on call provider if you are experiencing signs of infection like fever, chills, foul smelling vaginal discharge, or worsening abdominal pain, dizziness.
- 7) Office number is 828-253-5381. On call after hours for emergency line is 828-348-4728
- 8) You should have a negative pregnancy test at home 4 weeks after your procedure.